## **SUMMER RETREAT**

## Truth & Love

4 - 11 July 2024

Who am I? What is life? What am I? What is another?

These days we focus all our attention on an immediate experience of truth. It awaits us at the bottom of our own hearts. This is where the origin of love is located. It is the source. Anyone who drinks from it becomes instantly healthy. Our lives are fulfilled and we awaken from the mistaken belief that we are separate from ourselves and others.

This makes us strong and gives us the courage to devote ourselves to life. For those who surrender to life, death loses its terror. Those who are no longer frightened by death are free. Free people liberate others. This path leads to freedom. It is the path we walk together during these days. In this way, we ourselves become the source of love and a new reality is created around us.

In the first four days of this retreat, each participant works on one of the above questions in the sense of the "Enlightenment Intensive" method according to Charles Berner in dialogues (diades) with changing partners. With the help of the question, our entire system is cleared of all false assumptions that we have cultivated within us about ourselves, others and life. This leads to a profound inner purification, which can demand everything from us spiritually, mentally, emotionally and physically.

In this way, our natural gift for immediate perception, the clear recognition of the obvious, and the original surrender to the lifestream in and around us, returns to us. Until we find ourselves in a state of complete openness and clarity and our mind gives up its usual state of separateness and opens the way to oneness.

Such an experience can change our lives forever. Even if they lose their absolute intensity after a while, it remains engraved in our cells as an irrevocable reference point and can be retrieved until the end of our lives (at least).

During the following three days, we will then take our time in this open and judgment-free space to explore with each other how we can maintain and cultivate truth and love in ourselves and in contact with other people.

The diade work is embedded and rounded off in silence and awareness, walks, evening rounds, individual conversations, spontaneous teachings, circular breath work, healing rituals and free dance.

## **CONDITIONS**

4-11 July 2024 | Seminarhaus Schorfheide, Althüttendorf am Grimnitzsee in the northern outskirts of Berlin Participation fee 600€ | 525€ | 450€ according to self-assessment plus 450€ for accommodation & food

## **INFORMATION**

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